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God Is There

I. He Helps

- Which verses in Psalm 63 imply that the Psalmist was experiencing trouble?
- What phrase refers to the Psalmist's sleepless nights? Why do you think he couldn't sleep?
- What keeps you up at night?
- When sleepless, what did the Psalmist do? What do you do?
- What encouragement do you receive from the following verses? Psalm 10:14; 18:35; 28:7; 30:2; 46:1, 5; 94:7; 118:13
- If you need God's help, what do you need to do? Matthew 8:5; 15:25; Luke 4:38; John 15:7

II. He Hides

- Where did the Psalmist say God hid him?
- How is this same thought expressed in Ruth 2:12; Psalm 17:8; 36:7; 61:4; 91:4? Give phrases.
- What does this thought mean to you? Psalm 25:1; 32:10; 56:3; 62:8

III. He Holds

- How was the Psalmist held?
- What is the significance of the right hand? Exodus 15:6, 12; Psalm 16:11; 17:7; 18:35; Isaiah 62:8
- In light of the significance of God's right hand, write out Isaiah 41:10 in your own words.
- Is there any danger that God's grip will loosen, or that He will let go of you? John 10:29
- When things get worse, what encouragement do you receive from Isaiah 41:13? 46:4? Deuteronomy 1:31?

When things get worse, place your faith in the God who is there to help, hide, and hold you.