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Sincerely Yours

- Describe what God is looking for when we fast. Isaiah 58; Joel 2:11-14
- How was this heartfelt sincerity evident in: Ezra 9:1-7? 10:1-6? Nehemiah 1:1-4? 9:1-3? Daniel 9:1-3? Luke 2:21-24? 36-38? Acts 13:1-3?
- What word implies Jesus did not consider fasting an option for His followers? Matthew 6:16-18
- How sincere are you when you pray? Are you sincere enough to fast?