



# AnGeL Ministries

Letter from Anne Graham Lotz

Winter 2011

*“...The angel of God called to Hagar from heaven and said to her,  
‘What’s the matter, Hagar?’” -- Genesis 21:17*

Have you ever gone to the doctor and complained, “Something’s wrong. What’s the matter with me?”, only to have him conclude after examination, “I can find nothing wrong. You just need a rest.”? In your fast-paced, stressed-out life, do you long for a time of refreshment? I know I do! There have been times when even a hospital stay has appeared attractive, simply because of the rest it would seem to afford.

But looking at my schedule for 2011, I know I will have to be intentional if I want to get some rest! By the end of January, I will have spoken in two US cities, as well as attended the World Economic Forum in Davos, Switzerland.

It makes me tired just to look past those commitments and on into the New Year when I’m scheduled to tape two new curriculum videos; complete three book projects; speak in Jerusalem; host a national simulcast on September 11th; address a women’s conference in London, England; and lead a week of ministry in Uganda. All of this is in addition to other speaking engagements; recording my daily radio feature; conducting media interviews; and overseeing my ministry organization -- all while being a wife, mother and grandmother!

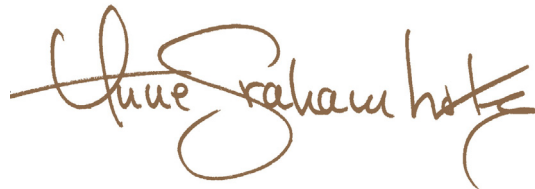
However, a physical vacation is not the only answer to the swirling pressure and pace of my life in 2011. While I know I will have to discipline myself to take a break from time to time, my real concern is that I not become weary in my spirit. I will need to make spiritual rest a priority -- the rest that’s found in setting aside consistent time with God in His Word and in prayer.

Henry Drummond, an old-time revivalist, explained that spiritual rest “is not a hallowed feeling that comes over us in church. It is ... the repose of a heart set deep in God.” Do you need that kind of rest? Now?

- ...Rest because you operated on overload for 2010, and 2011 is just as bad?
- ...Rest because you are on the verge of burn-out?
- ...Rest from the self-effort of trying to please God?
- ...Rest from plotting revenge?
- ...Rest from manipulating people or circumstances to get your way?
- ...Rest from striving so hard to get credit or attention?
- ...Rest from worry, fear, anger or self-pity?

Then go forward into the New Year by going back to the Cross. Lay your burdens down. Let all your strivings cease. Release your life to the Savior who found His rest in the center of His Father’s will.

This AnGeL cares about what’s the matter with you, because it may be what’s the matter with me, too. So...join me in my 2011 New Year’s resolution to be well-rested. How? By centering down in Jesus. Starting each day with at least thirty minutes of quiet, uninterrupted Bible reading and prayer. Following Him step by step as He leads us in the right path, beside the still waters, and restores us on the inside.



Anne Graham Lotz

# Instruction: Centering Down in Jesus

Read Psalm 23:1-2

## I. FOR REST

- \*\* Who is the Shepherd in Psalm 23:1? See John 10:11, 14.
- \*\* What do you think the green pastures represent in v. 2? Compare John 21:17 with John 6:35, 63.
- \*\* What is implied by “lying down” in the green pastures? How can the Shepherd make you lie down in them?

## II. FOR REFRESHMENT

- \*\* Drawing from your personal experience when you are hot, tired, and thirsty, what does water mean to you?
- \*\* What do the quiet waters represent in v.2? See Jeremiah 2:13; John 4:10, 13-14; and Revelation 7:17.
  
- \*\* What practical things will you do to intentionally center down in Jesus in order to maintain a rested, refreshed spirit in 2011?

## Information

### JANUARY

- 12 VIRGINIA, Richmond - Virginia Commonwealth  
Prayer Breakfast; sharoncmoseley@aol.com  
757-599-4008
- 17 PENNSYLVANIA, Hershey - Christian Product Expo
- 26-30 SWITZERLAND, Davos - World Economic Forum

### FEBRUARY

- 24-26 DISTRICT OF COLUMBIA, Washington -  
Epicenter Conference Retreat

### MARCH

- 4-5 FLORIDA, Naples -  
Coral Ridge Presbyterian Church Ladies' Retreat

### APRIL

- 1 NORTH CAROLINA, Winston-Salem -  
Missions Conference for NC Baptist Men  
1-800-395-5102

### MAY

- 5 PENNSYLVANIA, Lancaster - National Day of  
Prayer; www.LancasterNDP.com; 717-519-5220
- 15-17 ISRAEL, Jerusalem - Epicenter Conference  
www.annegrahamlotz.com

**WAKE-UP CALL**  
*For God's People*  
A SIMULCAST WITH  
**ANNE GRAHAM LOTZ AND JOEL ROSENBERG**

SUNDAY, SEPTEMBER 11, 2011  
7:00-9:30 PM EST/MST  
6:00-8:30 PM CST/PST

SELAH

FOR MORE INFORMATION, VISIT [www.annegrahamlotz.com](http://www.annegrahamlotz.com)

## Intercession

- \*\* For the February video-taping for our new children's curriculum on heaven to capture the essence of how to teach children to read their Bibles.
- \*\* For the February video-taping of an additional session for the *I Saw The LORD* Bible study curriculum to go smoothly and incorporate powerfully into the other seven sessions.
- \*\* For the time of retreat with Joel Rosenberg and the other Epicenter Conference speakers to be Spirit-filled and Spirit-led as together we seek God's vision for our time of ministry together in Jerusalem in May.
- \*\* For the fullness of God's blessing on each of my other speaking responsibilities so that lives are saved and lives are changed.
- \*\* For God's guidance and blessing on every detail of preparation for the September 11 simulcast, *A WAKE-UP Call for God's People*.
- \*\* For the editing process of my new book to strengthen and polish the content so that it will be life-changing to the reader, bringing healing to those wounded by God's people.

## *Anne's Newest Audio Resource: Refreshment CD Album*



**Are you running on empty? Trying to give others Water from a dry well?**

This 3-CD album from Anne ministers especially to those who are actively serving the Lord either as a volunteer or in a part-time or full-time capacity, such as pastoral staff, church and/or parachurch leaders, Sunday school teachers, missionaries or youth workers.

Since each message is drawn from the Living Water, it also will bring refreshment to anyone who is pouring into others -- whether in the home, workplace or community. Drink your fill, and be refreshed!

- Refreshment for the Weary - 1 Kings 18-19
- Refreshment for the Worried - John 16
- Refreshment for the Warrior - Matthew 24



**326 Refreshment CD Album**

*For details and a complete list of resources, visit [www.annegrahamlotz.com](http://www.annegrahamlotz.com)*

SHIPPING & HANDLING*:	
1 CD album .....	add \$ 4.00
2 CD albums.....	add \$ 7.00
3-5 CD albums .....	add \$10.00
6-9 CD albums .....	add \$12.00
<b>10+ CD albums.....CALL FOR CALCULATION</b>	

QTY.	PRICE	TOTAL
_____	@ \$15.00	_____
	Merchandise Total	_____
	Shipping and Handling*	_____
	Subtotal	_____
	7.75% Tax (NC only)	_____
	International add \$15.00	_____
	Donation	_____
	<b>TOTAL</b>	_____

CC# \_\_\_\_\_ EXP \_\_\_\_\_ SEC CODE \_\_\_\_\_

Title \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Tel ( ) \_\_\_\_\_

Email \_\_\_\_\_

- Please deliver future newsletters via email.
- Sign me up for Anne's free daily e-devotional.